



International Growth and Development Conference 2017 (IGD-2017): Healthy Ageing: Paediatric to Geriatric
Preliminary Scientific Program



Start	End	Thursday, Mar 16, 2017 (Dubai)	
8:00	9:00	Welcome Reception and Registration (Roda Al Bustan Hotel-Dubai)	
9:00	9:30	Opening Ceremony (Rashidiya Hall) H.E. Sheikh Nahyan Bin Mubarak Al Nahyan Minister of Culture and Knowledge Development	
9:30	10:15	Plenary: Healthy Ageing (Paediatrics to Geriatrics): Insights on Ageing Using a Life Course Epidemiological Approach – Prof. Rebecca Hardy - University College London, UK (Rashidiya Hall)	
10:15	10:45	Coffee Break - 1	
		<i>Rashidiya – A/Moderator: Prof. Antonios Zampelas</i>	<i>Rashidiya – B/Moderator: Ms. Muna Al Haway</i>
10:45	11:15	Mediterranean Diet and Breastfeeding Prof. Enrico Bertino <i>University of Turin, Italy</i>	Body Composition Assessment in Children Prof. Andrew Hills <i>University of Tasmania, Australia</i>
11:15	11:45	Post Discharge Formula for Low Birth Weight Infants Ms. Wafaa Ayesh <i>Dubai Health Authority, UAE</i>	Body Composition and the first 1000 Days Dr. Rebeca Hill <i>The University of Queensland, Australia</i>
11:45	12:15	Knowledge, Attitude And Practice (KAP) Of Exclusive Breastfeeding In The Emirates Hospital in Dubai Dr. Haleama Al Sabbah <i>Zayed University, UAE</i>	Early Childhood Development and Disabilities- Implications For Later Life Ms. Lamia Yahya <i>Corniche Hospital, UAE</i>
12:15	12:30	Discussion	Discussion
12:30	13:30	Prayer Time/ Lunch Break	
13:30	14:00	Poster Session (Location)	
		<i>Rashidiya – A/Moderator: Prof. Sidiga Washi</i>	<i>Rashidiya – B/Moderator: Prof. Nasser Al Daghri</i>
14:00	14:30	Parental Stress, Nutrition and Autism Dr. Amita Attlee <i>University of Sharjah, UAE</i>	Multidisciplinary Healthcare Approach for Active Ageing Dr. Samar ElFeky <i>WHO EMRO, Egypt</i>
14:30	15:00	Relationship Between Cesarean Section and Childhood Obesity: What is the Evidence? Dr. Zakariya Al-Salam <i>Oasis Hospital, UAE</i>	Obtaining Reliable Evidence on the Determinants of NCDs in the UAE: The UAE Healthy Future Study Dr. Raghieb Ali <i>New York University, UAE</i>
15:00	15:30	Health and Nutritional Status of Postmenopausal women Dr. Seema Puri <i>University of Delhi, India</i>	Tools and Applications in Nutritional Screening and Assessment of Geriatric Population Ms. Jessica Szymura <i>Cleveland Clinic Abu Dhabi, UAE</i>
15:30	15:45	Discussion	Discussion



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15:45	16:00	Coffee Break - 2	
		<i>Rashidiya – A/Moderator: Ms. Masooma Al Jasmi</i>	<i>Rashidiya – B/Moderator: Prof. Sanaa Youssef Shaaban</i>
16:00	16:30	Nutritional Assessment of Children Aged from (1-18) years with Type 1 Diabetes Mellitus Prof. Sidiga Washi <i>Ahfad University for Women, Sudan</i>	The Effect of Omega 3 Supplementation on Cognitive Functions and Brain shrinkage in Patients with Mild Cognitive Impairment (MCI) Dr. Abderrahim Oulhaj <i>United Arab Emirates University, UAE</i>
16:30	17:00	Type 2 Diabetes Burden in Emirati population: Role of Obesity from Paediatrics to Geriatrics Dr. Syed M Shah <i>United Arab Emirates University, UAE</i>	N-3 fatty Acids: From Prevention of Diseases to Improvement of Brain Function Prof. Antonios Zampelas <i>University of Athens, Greece</i>
17:00	17:30	Metabolic Syndrome Prof. Nasser Al Daghri <i>King Saud University, KSA</i>	Postprandial Glycaemic and Appetite Responses to Cookies Following Incorporation of Stevia and Moringa Leaf Powder Dr. Imran Khan <i>The University of Agriculture Peshawar, Pakistan</i>
17:30	17:45	Discussion	Discussion

Start	End	Friday, Mar 17, 2017 (Dubai)	
8:30	9:00	Registration (Roda Al Bustan Hotel-Dubai)	
9:00	9:45	Plenary: WHO Global Strategy and Action Plan on Ageing and Health: 2016-2020 Dr. Samar ElFeky - WHO EMRO, Egypt (Rashidiya Hall)	
9:45	10:15	Coffee Break - 1	
		<i>Rashidiya – A/Moderator: Dr. Laura Fernández Celemín</i>	<i>Rashidiya – B/Moderator: Prof. Jeyakumar Henry</i>
10:15	10:45	Overfed and Undernourished in the Middle East Prof. Nahla Houalla <i>American University of Beirut, Lebanon</i>	Promoting Healthy Ageing: Importance of Lifestyle Prof. Andrew Hills <i>University of Tasmania, Australia</i>
10:45	11:15	Preventing Childhood Obesity, EPODE's Lessons & Perspectives from 25 years of Experience and Evidence Dr. Jean-Michel Borys <i>Centre des Batignolles, France</i>	Successful Counseling Strategies to Facilitate Lifestyle Changes Among the Elderly Dr. Habiba Ali <i>United Arab Emirates University, UAE</i>
11:15	11:45	Promoting Healthy Eating and Physical Activity in Children: Effective and Sustainable School and Community-based Programs Dr. Carla Habib Mourad <i>American University of Beirut, Lebanon</i>	Epidemiology of Ageing in the Arab World with a Focus on the UAE Dr. Iain Blair <i>United Arab Emirates University, UAE</i>
11:45	12:00	Discussion	Discussion
12:00	13:30	Prayer Time/ Lunch Break	



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13:30	14:00	Poster Session (Location)	
		<i>Rashidiya – A/Moderator: Prof. Andrew Hills</i>	<i>Rashidiya – B/Moderator: Ms. Wafaa Helmi Ayesh</i>
14:00	14:30	Olive Oil, Polyphenols and Prevention of Cancer and Chronic Degenerative Diseases Dr. Conchetta Finocchiaro <i>University of Turin, Italy</i>	Dietary Habits and Childhood Obesity: Lesson from the GRECO Study Prof. Antonios Zampelas <i>University of Athens, Greece</i>
14:30	15:00	Lifestyle, Diet and Prevention of Cardiovascular Diseases Prof. Franco Veglio <i>University of Turin, Italy</i>	Lifestyle Interventions for Adults with Intellectual Disabilities and Obesity Dr. Dimitrios Spanos <i>Cleveland Clinic Abu Dhabi, UAE</i>
15:00	15:30	Olive Oil from Pregnancy to Paediatric Age Dr. Gianfranco Trapani <i>University of Turin, Italy</i>	Advanced Technology in Improving the Health of Children with Diabetes Dr. Asma Jasim Malallah Binjab <i>Dubai Hospital, UAE</i>
15:30	15:45	Discussion	Discussion
15:45	16:00	Coffee Break - 2	
		<i>Rashidiya – A/Moderator: Dr. Habiba Ali</i>	<i>Rashidiya – B/Moderator: Dr. Amita Attlee</i>
16:00	16:30	Renal Carcenoma Dr. Mirey Karavetian <i>Zayed University, UAE</i>	Body Composition, Metabolic Changes, Biomarkers and Longevity Ms. Victoria Pena Acuna <i>Cleveland Clinic Abu Dhabi, UAE</i>
16:30	17:00	Recent Advances in Nutrition Support for Critically Ill Paediatric Patients Ms. Lamia Yahya <i>Corniche Hospital, UAE</i>	Paediatric Obesity and Metabolic Syndrome Dr. Dimitris Papandreou <i>Zayed University, UAE</i>
17:00	17:15	Discussion	Discussion

Start	End	Saturday, Mar 18, 2017 (Dubai)	
8:30	9:00	Registration (Roda Al Bustan Hotel-Dubai)	
9:00	9:45	Plenary: Importance of the first 1000 days of life Prof. Jeyakumar Henry - Yong Loo Lin School of Medicine, Singapore (Rashidiya Hall)	
9:45	10:15	Coffee Break - 1	
		<i>Rashidiya – A/Moderator: Dr. Carla Habib</i>	<i>Rashidiya – B/Moderator: Ms. Afra Ibrahim Binkatta</i>
10:15	10:45	Assessment of Critically Ill Patients Mrs. Ranim Kaddoura <i>Cleveland Clinic Abu Dhabi, UAE</i>	Oxidative Stress and Ageing Dr. Carine Platat <i>United Arab Emirates University, UAE</i>



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10:45	11:15	<p>Nutrition and Depression Among Elderly</p> <p>Prof. Sidiga Washi <i>Ahfad University for Women, Sudan</i></p>	<p>Associations between Vitamin D Deficiency, Diet and Physical Activity and the Development of Gestational Diabetes Mellitus in Emirati Women</p> <p>Ms. Sharifa Ali Hashem <i>United Arab Emirates University, UAE</i></p>
11:15	11:45	<p>Mobility and Ageing Frailty, Sarcopenia and Malnutrition in Old Age</p> <p>Dr. Seema Puri <i>University of Delhi, India</i></p>	<p>Immune Nutrition - Nutrition Beyond Calories</p> <p>Dr. Ashraf Elhoufi <i>Dubai Hospital, UAE</i></p>
11:45	12:00	Discussion	Discussion
12:00	12:30	Poster Session (Location)	
12:30	13:30	Prayer Time/ Lunch Break	
		<i>Rashidiya – A/Moderator: Dr. Seema Puri</i>	<i>Rashidiya – B/Moderator: Ms. Farah Hillou</i>
13:30	14:00	<p>Diet in the Management of Diabetes: Opportunities and Challenges</p> <p>Prof. Jeyakumar Henry <i>Yong Loo Lin School of Medicine, Singapore</i></p>	<p>Pre and Post Conception Nutritional Impact on Fetal, Neonatal and Child Health</p> <p>Dr. Mahmoud Saleh Elhalik <i>Dubai Health Authority (DHA), UAE</i></p>
14:00	14:30	<p>Metabolic Responses to Pre-exercise Meals containing Simple and Complex Carbohydrates during Moderate Intensity Exercise</p> <p>Mr. Amjad Jarrar <i>United Arab Emirates University, UAE</i></p>	<p>The Art & Science of Weaning: Updates for Practical Approach</p> <p>Prof. Sanaa Youssef Shaaban <i>Ain Shams University, Egypt</i></p>
14:30	15:00	<p>Malnutrition and Health Outcomes: Screening, Assessment and Effective Measures</p> <p>Dr. Kalliopi Poulia <i>Laiko General Hospital of Athens, Greece</i></p>	<p>Gut Protection in the First 1000-Days</p> <p>Dr. Eslam Tawfik El-Baroudy <i>Sheikh Khalifa Medical City (SKMC), UAE</i></p>
15:00	15:15	Discussion	Discussion
15:15	15:30	Coffee Break - 2	
		<i>Rashidiya – A/Moderator: Dr. Haleama Al Sabbah</i>	<i>Rashidiya – B/Moderator: Dr. Samar El Feky</i>
15:30	16:00	<p>Breastfeeding: What you Know and What you should Know?</p> <p>Prof. Sanaa Youssef Shaaban <i>Ain Shams University, Egypt</i></p>	<p>Childhood Obesity European Situation and Best Practice</p> <p>Dr. Laura Fernández Celemín <i>European Food Information Council (EUFIC), Belgium</i></p>
16:00	16:30	<p>Effects of Physical Exercise on Balance and Quality of Life among Elderly Women</p> <p>Dr. Lumnije Hoxha-Kamberi <i>University Clinical Center, Kosovo</i></p>	<p>Nutrition for Elders with Dysphasia</p> <p>Ms. Wafaa Ayesh <i>Dubai Health Authority, UAE</i></p>



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16:30	17:00	The Effect of Different Exercise Programs on Bone Mineral Density and Physical Function in Women with Osteoporosis: a Randomized Controlled Trial Dr. Ardiana Murtezani <i>University Clinical Center, Kosovo</i>	Autism vs Language Delay (which is first) the Dilemma in Daily Practice Dr. Turki Homod Albatti <i>King Saud University, KSA</i>
17:00	17:30	Effect of Twelve Week Training Program in Blood Pressure and Heart Rate at Rest in Older Hypertensive and Normotensive Women Dr. Teuta Osmani Vllasolli <i>University Clinical Center, Kosovo</i>	Long Term Effects of a Ketogenic Diet with Mav Ketofast Pro Supplements in Obese Postmenopausal Women Ms. Maria Vranceanu <i>Eurogenetica, Italy</i>
17:30	17:45	Discussion	Discussion

Conference Workshops:

Thursday, Mar 16, 2017 (Dubai)			
13:30	17:30	Workshop 1: Assessments of Infant and Children Growth Using the New International Standards WHO / INTERGROWTH 21 st - Certified 3.75 CME Hours (HAAD) – Dr. Leila Cheikh Ismail (<i>University of Oxford, UK</i>)	
13:30	17:30	Workshop 2: Bio-rhythm of the Body and its Relationship to Obesity: Adjust your Biological Watch Adjust your Weight - Certified 3.5 CME Hours (HAAD) – Dr. Osama Alalla (<i>Ministry of Education Dubai, UAE</i>)	
Friday, Mar 17, 2017 (Dubai)			
13:30	17:30	Workshop 1: Ethical considerations in Research with the Paediatric and Geriatric Population - Certified 4 CME Hours (HAAD) - Dr Ghada Al Tajir (<i>Timeline Research Solutions, UAE</i>)	
13:30	17:30	Workshop 2: Systematic Reviews and Meta-Analysis - Certified 3.5 CME Hours (HAAD) - Dr. Marialena Trivella (<i>University of Oxford, UK</i>)	
13:30	17:30	Workshop 3: Programmes to Promote Healthy Diets and Lifestyles in Children: “What works and how to Amplify?” - Exclusive Session – By Invitation - Chairperson: Prof. Nahla Houalla / Moderator: Dr. Carla Habib Mourad (<i>American University of Beirut, Lebanon</i>)	
Saturday, Mar 18, 2017 (Dubai)			
13:30	17:30	Workshop 1: Obesity Prevention through Exercise - Certified 3.75 CME Hours (HAAD) - Dr. Osama Alalla (<i>Ministry of Education Dubai, UAE</i>)	
13:30	17:30	Workshop 2: Basic Life Support - Certified by American Heart Association (AHA) – Mr. Onil Joseph V. Esperida (<i>Praxis Health Services, UAE</i>)	