



Start	End	Wednesday 14 th March, 2018 Roda Al Bustan Hotel-Dubai	
Day 1 –14th March, 2018			
Interpretation Workshop			
13:00	15:00	Sports Nutrition: Ergogenic Supplements, Efficacy and Safety <i>Al Khayal A & B Meeting Room</i>	Personality-based Nutrition Counseling Skills: Finding the Best Fit <i>Bahri B & Stallion Meeting Room</i>
		<i>Speaker: Mr. Amjad Jarrar United Arab Emirates University - UAE</i>	<i>Speaker: Dr. Habiba Ali United Arab Emirates University - UAE</i>
13:00	13:45	<i>Session 1: Ergogenic supplements</i>	<i>Session 1: Introduction to Nutrition Counseling</i>
13:45	14:30	<i>Session 2: Ergogenic supplements, Efficacy and Safety</i>	<i>Session 2: Personality-based Nutrition Counseling Skills</i>
14:30	15:00	<i>Group Discussion and Case Presentation</i>	<i>Group Discussion and Case Presentation</i>
Hands-on Session			
15:00	17:00	Nutritional Physical Assessment <i>Al Khayal A & B Meeting Room</i>	Functional and Integrative Nutrition <i>Bahri B & Stallion Meeting Room</i>
		<i>Speaker: Dr. Mirey Karavetian Zayed University – UAE</i>	<i>Speaker: Ms. Farah Helou Zayed University – UAE</i>
15:00	15:45	<i>Session 1: Introduction on Nutrition Assessment</i>	<i>Session 1: Functional Nutrition</i>
15:45	16:30	<i>Session 2: Nutritional Physical Assessment</i>	<i>Session 2: Integrative Nutrition</i>
16:30	17:00	<i>Group Discussion and Case Presentation</i>	<i>Group Discussion and Case Presentation</i>
Interactive Session			
17:00	19:00	Carbohydrate Counting for Diabetics <i>Al Khayal A & B Meeting Room</i>	
		<i>Speaker: Dr. Waffa Helmi Ayesh Dubai Health Authority - UAE</i>	
17:00	17:45	<i>Session 1: Carbohydrate Counting</i>	
17:45	18:30	<i>Session 2: Carbohydrate Counting for Diabetics</i>	
18:30	19:00	<i>Group Discussion and Case Presentation</i>	



Start	End	Thursday 15 th March, 2018 Roda Al Bustan Hotel-Dubai
8:00	9:00	Welcome Reception and Registration (Roda Al Bustan Hotel-Dubai)
9:00	9:45	Plenary: Maternal and Child Nutrition for the First 1,000 Days of Life Ms. Veronique LaGrange / U.S. Dairy Export Council, USA (Rashidiya Grand Hall)
		<i>Session1 - Moderator: NAME</i>
9:45	10:05	Measuring International Early Child Development Holistically Using the INTERGROWTH-21st Neurodevelopment Assessment Dr. Michelle Fernandez <i>University of Oxford, United Kingdom</i>
10:05	10:25	Pediatric Disorders and Health Consequences Dr. Najah Zaaed <i>University of New York-Oswego, USA</i>
10:25	10:45	International Growth Standard for Preterm and Newborn Dr. Leila Cheikh Ismail <i>University of Sharjah, UAE</i>
10:45	11:05	Nutrition for Low Birth Weight Prof. Sanaa Youssef Shaaban <i>Ain Shams University, Egypt</i>
11:05	11:15	Discussion
11:15	12:00	Opening Ceremony: H.E. Sheikh Nahyan Bin Mubarak Al Nahyan Minister of State for Tolerance
12:00	13:00	Lunch Break
		<i>Session 2 - Moderator: NAME</i>
13:00	13:20	What Quantity and Doses of Micronutrients should be Included in a Commercially Available Supplement for it to be Classified as a Multivitamin Mineral Supplement? Prof. Nahla Hwalla <i>American University of Beirut, Lebanon</i>
13:20	13:40	Effects of Vitamin D Supplementation in School Children Prof. Nasser Al-Daghri <i>King Saud University, KSA</i>



13:40	14:00	Nutraceuticals, Gene Expression and Healthy Ageing	
		Dr. Maria Vranceanu <i>University of Medicine and Pharmacy CLUJ Napoca, Romania</i>	
14:00	14:20	Dietary Supplements and Functional Foods in Ageing	
		Dr. Seema Puri <i>University of Delhi, India</i>	
14:20	14:30	Discussion	
14:30	14:45	Coffee Break	
<i>Session 3 - Moderator: NAME</i>			
14:45	15:05	Ageing and Health – A Framework for Action	
		Dr. Samar El Feky <i>Ain Shams University, Egypt</i>	
15:05	15:25	Clinical Intervention in Ageing- Assessing Risk and Benefit	
		Dr. Jeannette Beasley <i>New York University, USA</i>	
15:25	15:45	Mental Health and Aging	
		Dr. Bassima Schbley <i>LMSW/Washburn University, USA</i>	
15:45	16:05	Functional Food and Ageing	
		Dr. Carine Platat <i>United Arab Emirates University, UAE</i>	
16:05	16:15	Discussion	
Afternoon Parallel Sessions			
		<i>Session 4A - Moderator: NAME</i>	<i>Session 4B - Moderator: NAME</i>
16:15	16:35	IAEA Technical Cooperation Program Role in Supporting Health and Well-being Dr. Najat Mokthar <i>IAEA, Austria</i>	The Role of Omega-3-fatty Acids in Elderly Patients with Depression Ms. Wafa Ayesh <i>Dubai Health Authority, UAE</i>



16:35	16:55	<p>Effects of Toxic Stressors (wars, violence, poverty) on the Neurobiology, Epigenetics, Health Outcomes and Neurologic Development in Vulnerable Populations of Women and Children</p> <p>Dr. Maria Walton <i>University of Sharjah, UAE</i></p>	<p>Oral Abstract Presentation1</p> <p>Oral Abstract Presentation2</p>
16:55	17:15	<p>The Importance of Communication and New Means of Communication to Pass Health Message to the People</p> <p>Dr. Laura Celemin Fernandez <i>EUFIC, UAE</i></p>	<p>Sugar Sweetened Beverages Consumption and Obesity Among School Children in United Arab Emirates</p> <p>Dr. Amita Attlee <i>United Arab Emirates University, UAE</i></p>
17:15	17:35	<p>The Implementation of Weight Loss Competition in Promoting Healthy Lifestyle Changes and Achieving Weight Loss</p> <p>Ms. Razan Swaiyhat <i>Affiliation, UAE</i></p>	<p>Features Saturated and Hydrogenated Fats</p> <p>Ms. Ayda Al Baloushi <i>Nutrition Community Department – Tawam Hospital, UAE</i></p>
13:35	17:45	Discussion	

Start		End		SCIENTIFIC WORKSHOPS	
				Thursday 15 th March, 2018	
Day 2 – 15th March, 2018					
13:00	15:00	<p>Interpretation Workshop Failure to Thrive <i>Al Khayal A & B Meeting Room</i></p> <p>Speaker: Prof. Sanaa Youssef Shaaban <i>Ain Shams University - Egypt</i></p>			
13:00	13:45	Session 1: Failure to Thrive			
13:45	14:30	Session 2: Failure to Thrive			
14:30	15:00	Group Discussion and Case Presentation			
15:00	17:00	<p>Nutrition Society United Kingdom: Hands-on Session Scientific Writing for Publication Workshop <i>Bahri B & Stallion Meeting Room</i></p> <p>Speaker: Prof. Basma Ellahi <i>University of Chester, United Kingdom</i></p>			
15:00	15:45	Session 1: Manuscript Publication			
15:45	16:30	Session 2: Manuscript Publication			
16:30	17:00	Group Discussion and Case Presentation			



Start	End	
Friday 16th March, 2018 Roda Al Bustan Hotel-Dubai		
8:00	8:30	Welcome Reception and Registration (Roda Al Bustan Hotel-Dubai)
8:30	9:15	Plenary: The Art and Science of Healthy Weight Management Prof. Andrew Hills / University of Tasmania, Australia (Rashidiya Grand Hall)
<i>Session 5 - Moderator: NAME</i>		
9:15	9:35	Cardiovascular Prevention in UAE: Challenges and Opportunities Prof. Abdullah Shehab <i>United Arab Emirates University, UAE</i>
9:35	9:55	Nutrition for the Prevention of Cardiovascular Diseases: The New Guidelines of the European Society of Cardiology Prof. Antonis Zampelas <i>University of Athens, Greece</i>
9:55	10:15	Metabolic Syndrome Diagnosis and Management Dr. Hanan Alfawaz <i>King Saud University, KSA</i>
10:15	10:35	Genetics of Eating Behavior in Association with Obesity Dr. Maria Vranceanu <i>University of Medicine and Pharmacy CLUJ Napoca, Romania</i>
10:35	10:45	Discussion
10:45	11:00	Coffee Break
<i>Session 6 - Moderator: NAME</i>		
11:00	11:20	Assessing Body Composition in Childhood and Adolescents: Application of Stable Isotope Techniques in Asia Dr Poh Bee Koon <i>Universiti Kebangsaan, Malaysia</i>
11:20	11:40	Assessing Micronutrient Bioavailability and Status Using Stable Isotopes: Examples of Food Fortification in Thailand Dr Pattanee Winichagoon <i>Mahidol University, Thailand</i>



11:40	12:00	Dose to Mother Technique for Assessing Breastfeeding	
		Dr. Tippawan Pongcharoen <i>Mahidol University, Thailand</i>	
12:00	12:20	Quality Assessment of Primary Health Care Delivered to Children Under 5 Years Old in North West Bank in Palestine	
		Dr. Haleama Al Sabbah <i>Zayed University, UAE</i>	
12:20	12:30	Discussion	
12:30	13:45	Prayer Time and Lunch Time	
<i>Session 7 - Moderator: NAME</i>			
13:45	14:05	Kuwait Policies to Reduce Childhood Obesity	
		Dr. Entesar Al Shami <i>Public Authority for Food & Nutrition, State of Kuwait</i>	
14:05	14:25	The Healthy Kids Cohort Study: Three-year Follow-up of School-Based Interventions to Promote Healthy Eating and Physical Activity in Lebanese School Children.	
		Dr. Carla Habib Mourad <i>American University of Beirut, Lebanon</i>	
14:25	14:45	Prevention and Treatment Aspects of Childhood Nutritional Problems	
		Prof. Sidiga Abdelrahim Washi <i>Ahfad University for Women, Sudan</i>	
14:45	15:05	Diet Therapy for Food Allergy and Intolerance for Children	
		Dr. Khalid Al Madani <i>Saudi Society for Food and Nutrition, KSA</i>	
15:05	15:15	Discussion	
Afternoon Parallel Sessions			
		<i>Session 8A - Moderator: NAME</i>	<i>Session 8B - Moderator: NAME</i>
15:15	15:35	Breast Feeding and Health Outcome	Neonatology/Pediatrics/Pregnancy The Importance of the First Days of Life
		Dr. Ali Al Mehadib <i>King Faisal Specialist Hospital & Research Centre, KSA</i>	Dr. Mahmoud ElHalik <i>Dubai Health Authority, UAE</i>



15:35	15:55	Low Portion in Infant Formula and Implication Dr. Tawfiq Al Lawati <i>Royal Hospital, Oman</i>	Neonatal Total Parenteral Nutrition Dr. Zakaria Al-Salam <i>Ain Al Khaleej Hospital, UAE</i>
15:55	16:15	Tube Feeding in Children with Quick Overview on Nutritional Disorders Dr. Fawaz Al Rifaee <i>Al Adan Hospital , State of Kuwait</i>	Infantile Colic: The Myth and Truth Dr. Eslam El Baroudy <i>Sheikh Khalifa Medical City, UAE</i>
16:15	16:35	Tailored Functional Recipe: A Sustainable Approach to Modulate Some Global Health Challenges Dr. Ihab Tewfik <i>University of Westminster, UK</i>	Nutrition for Low Birth Infants Dr. Laila Obaid <i>Corniche Hospital, UAE</i>
16:35	16:45	Discussion	
16:45	17:00	Coffee Break	
		<i>Session 9A - Moderator: NAME</i>	<i>Session 9B - Moderator: NAME</i>
17:00	17:20	Effect of High Fiber All Bran Cereal Intake on Satiety and Dyspeptic Symptoms During Ramadan Dr. Ayesha Al Dhaheri <i>United Arab Emirates University, UAE</i>	Diabetes Mellitus Nutrition Therapy and Education Dr. Layla Agha <i>Al-Adan Hospital MOH, Kuwait</i>
17:20	17:40	The Natural Prebiotic Power of the Gum Arabic and its Effect on Health ,Vitality and Longevity Prof. Omayma Sabir <i>Dubai Health Authority, UAE</i>	Oral Abstract Presentation1 Oral Abstract Presentation2
17:40	18:00	Nutritional Interventions for Anti-cancer, Cardiovascular and Anti-Inflammatory Activity Dr. Randha Al Qurashi <i>King Faisal University, KSA</i>	Presentation Title Speaker <i>Affiliation, Country</i>



Start		End		SCIENTIFIC WORKSHOPS	
				Friday 16 th March, 2018	
Day 3 – 16th March, 2018					
13:00	15:00	Interpretation Workshop Understand Research and Data Analysis Using SPSS <i>Al Khayal A & B Meeting Room</i>			
		<i>Speaker: Mr. Mohamed El Sadeg</i> <i>United Arab Emirates University, UAE</i>			
13:00	13:45	<i>Session 1: Understand Research Analysis Using SPSS</i>			
13:45	14:30	<i>Session 1: Understand Data Analysis Using SPSS</i>			
14:30	15:00	<i>Group Discussion and Case Presentation</i>			
15:00	17:00	Interactive Session Ketogenic Diet <i>Bahri B & Stallion Meeting Room</i>			
		<i>Speaker: TBC</i>			
15:00	15:45	<i>Session 1: Introduction to Keto</i>			
15:45	16:30	<i>Session 1: Ketogenic Diet</i>			
16:30	17:00	<i>Group Discussion and Case Presentation</i>			